Day 3 Games

Water Relay Race

Introduction for Station Leader:

Welcome back to Day 3 of VBS! Today’s theme is God provides for us. This concept is shown many times throughout the Bible in a number of Bible stories. Today’s Bible story is of Elijah and the Widow at Zarephath. In this story, God sends Elijah to Zarephath to find a widow that will provide him with food. He finds the widow, but she says she only has enough oil and flour for one more meal. Elijah tells her to cook that, and God will make sure that the oil and flour never runs outs. The widow does as Elijah says, and the oil and flour never runs out. God provides food.

God not only provides food but also shelter and supplies. In the West, the settlers came out with a few items and had to acquire the rest. They had to build their own shelters and find their own food and supplies. All these items were provided in the wild for their use to survive. This also applies to Native Americans. The land also provided all the materials they needed. Everything was provided.

What would Vacation Bible School be without a day with a water game? Today’s game is a Water Relay Race. This game is one where the elementary and preschool groups can play together. Some of them might know the game if they have done it at their elementary school’s field day. This is always a fun game that gets the children to work together and cheer each other on. In the Bible story today, God provided food, but he also provides many other things, such as water.

How to Play:

This game is played with two teams. They both start on the same side. On each side there is a water cooler filled with water and one plastic cup. Opposite to the teams there are two empty water jugs. One person on each team takes a cup, fills it up from the water cooler, and runs to the water jug on the opposite side. They pour the cup into the jug and run back, handing the cup to the next person in line. This keeps going until one team has filled their jug to the top.

Supplies:

* Plastic Cups
* 2 Water Jugs
* 2 Water Coolers (or a big bucket)
* 4 Chairs
* Chalk
* Ball

Preparation:

* Have two chairs at where the teams are going to start
* On these chairs, have the two water jugs that are filled with water
* Have the other two chairs on the opposite side
* On those chairs, have the two empty water jugs
* Have a number of plastic cups off to the side to use or if the ones that are being used break

Instructions for when the group arrives:

1. Welcome the group back to Day 3 of VBS
2. Explain the game that they will be playing today
3. Ask them what the theme is for the day (God provides for us)
   1. They might not know or remember the theme yet so if they don’t get it, please remind them
4. Then tell them briefly how God provided food for Elijah and the widow and her son and how early settlers of the West were provided with the items they needed to survive.
   1. Again, some groups may not have gone to Bible Story yet. Please just give a brief explanation of this.
5. Play the game!
6. Have the elementary and preschool groups split into two teams
   1. Mix the elementary and preschool groups together so it is not all elementary v. preschool
7. Line them up at the opposite ends
8. Play the Game!
9. Whoever fills up their jug first wins
10. Note:
    1. If you have time left over or they do not want to play anymore, here are some other options:
       1. Duck, duck, goose
       2. Draw with Chalk
       3. Circle Ball
       4. Playing with a ball
       5. Anything else

Cleanup:

* After every group:
  + Dump out the water jugs
  + DO NOT dump out the water coolers
* At the end of the day:
  + Dump out the water jugs
  + Dump out the water coolers
  + Dry and put away the chairs
  + Put away any of the other supplies